

# Kursplan

17.01.2022 - 23.01.2022

Musterclub Lifestyle  
 Musterstrasse 1  
 12345 Musterstadt  
 089-12345  
 lifestyle@musterclub.de



Montag 17.01.2022	Dienstag 18.01.2022	Mittwoch 19.01.2022	Donnerstag 20.01.2022	Freitag 21.01.2022	Samstag 22.01.2022	Sonntag 23.01.2022
<div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">           09:30 - 11:00  <b>Figurformung Plus</b>            Maxi         </div> <div style="background-color: #808080; color: white; padding: 5px;">           17:00 - 19:00  <b>Pilates</b>            Mimi         </div>	<div style="background-color: #808080; color: white; padding: 5px; margin-bottom: 5px;">           11:00 - 12:00  <b>Pilates</b>            Maxi         </div> <div style="background-color: #f0e68c; color: black; padding: 5px; margin-bottom: 5px;">           13:00 - 14:30  <b>Stretch &amp; Relax</b>            Maxi         </div> <div style="background-color: #f0e68c; color: black; padding: 5px;">           14:00 - 16:00  <b>Power Workout</b>            Maxi         </div>	<div style="background-color: #c00000; color: white; padding: 5px; margin-bottom: 5px;">           10:30 - 12:00  <b>Figurformung Plus</b>            Maxi         </div> <div style="background-color: #f0e68c; color: black; padding: 5px;">           13:00 - 14:30  <b>Stretch &amp; Relax</b>            Maxi         </div>	<div style="background-color: #f0e68c; color: black; padding: 5px; margin-bottom: 5px;">           09:00 - 11:00  <b>Power Workout</b>            Maxi         </div> <div style="background-color: #f0e68c; color: black; padding: 5px; margin-bottom: 5px;">           13:00 - 14:30  <b>Stretch &amp; Relax</b>            Maxi         </div> <div style="background-color: #c00000; color: white; padding: 5px;">           17:00 - 19:00  <b>Figurformung Plus</b>            Maxi         </div>	<div style="background-color: #808080; color: white; padding: 5px;">           10:00 - 11:15  <b>Pilates</b>            Maxi         </div>	<div style="background-color: #f0e68c; color: black; padding: 5px; margin-bottom: 5px;">           09:00 - 11:00  <b>Power Workout</b>            Maxi         </div> <div style="background-color: #f0e68c; color: black; padding: 5px; margin-bottom: 5px;">           13:00 - 14:30  <b>Stretch &amp; Relax</b>            Maxi         </div> <div style="background-color: #c00000; color: white; padding: 5px;">           13:00 - 15:00  <b>Figurformung Plus</b>            Maxi         </div>	<div style="background-color: #808080; color: white; padding: 5px;">           14:00 - 16:00  <b>Pilates</b>            Mimi         </div>

Ausdauer
  Kraft
  Körper & Geist
  bessere Figur

Stand: 18.01.2022